

# Q&A with Leyla: Carpal Tunnel Syndrome

written by Dr. Ronald Hoffman | September 18, 2025



On Q&A with Leyla: We're living longer thanks to medical advances; Does cannabis use increase the risk of diabetes? Avoiding carpal tunnel syndrome surgery; AREDS for macular degeneration? Proline for ligaments? Thoughts on smart watches and EMF exposure; And more!