Intelligent Medicine Radio for August 23: Her new doctor said, “Vitamins are hogwash”—so she fired him.

written by Dr. Ronald Hoffman | August 25, 2025

Options for treating stubborn neuropathy; Her new doctor said “Vitamins are hogwash”—so she fired him; Big new study shows vegetarians age less well than omnivores; Can a popular men’s health supplement ward off prostate cancer? Precision-engineering your gait can alleviate knee pain better than NSAIDs; After a lifetime of profound depression, novel brain implant enables man to experience joy for the first time; And more!