Q&A with Leyla: Lyme Disease

written by Dr. Ronald Hoffman | August 21, 2025



An update on natural thyroid availability; “I’ve read and heard that supplements are worthless—can even shorten lifespans. Is this true?” “Should I be concerned about the xylitol in my toothpaste since I read it can increase blood clots and stroke risk?” How much omega-3 do you recommend for multiple sclerosis? Is there any new protocol for Lyme disease? And more!