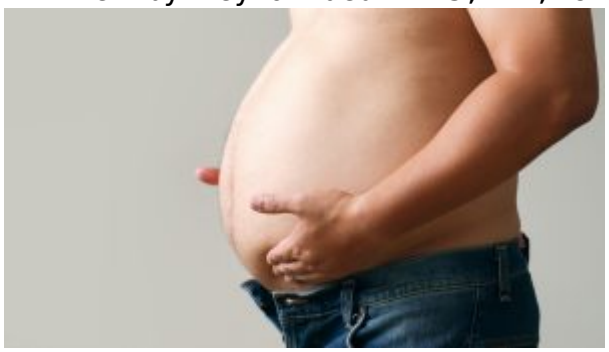
# Leyla Weighs In – Rising Obesity-Related Cancer Rates and Heart Disease Insights

written by Leyla Muedin MS, RD, CDN | August 8, 2025



Did you know obesity is associated with 13 types of cancer? “Leyla Weighs In” exploring the staggering data and how you can make lifestyle changes to reduce risks.