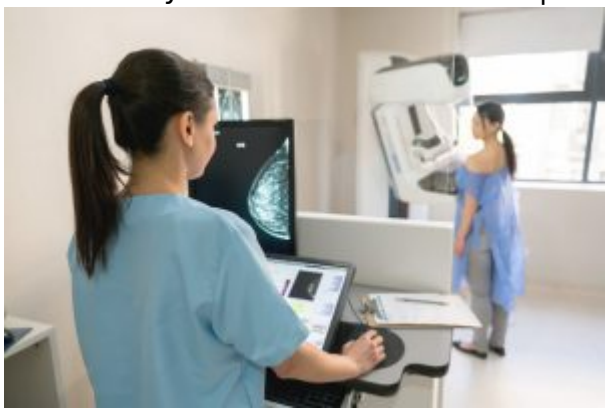
# Intelligent Medicine Radio for July 19: AI-boost for mammograms?

written by Dr. Ronald Hoffman | July 21, 2025



AI-boost for mammograms—a bridge too far? Plastics and heart disease; Artificial sweeteners may hasten puberty in kids; A caller with a 30 yr history of fatigue may need adrenal support; Air filters reduce classroom absenteeism; Inhaled insulin may free diabetics from injections; High blood sugar, not just waning testosterone, the culprit in male sexual decline; Hot baths beat saunas for cardiovascular benefits; Monday stress is real—even for retirees; And more!