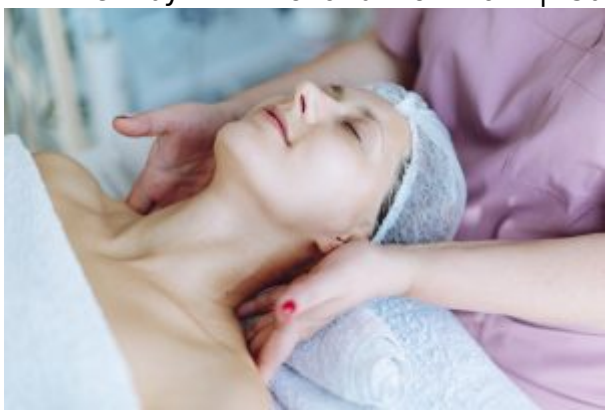
# Intelligent Medicine Radio for June 14: Brain Benefits of Facial and Neck Massage

written by Dr. Ronald Hoffman | June 16, 2025



On the Radio Show: Red yeast rice for cholesterol; Is fish oil a no-no if you have atrial fibrillation? Study finds GLP-1 drugs associated with heightened macular degeneration risk; A novel nutrient—OEA—shows promise for reversing metabolic disorders, enhancing satiety; Natural support for the pain of vertebral compression fractures; Facial and neck massage facilitate brain's natural waste disposal, offering hope for neurodegenerative disorders; And more!