# Intelligent Medicine Radio for May 26: Biden Prostate Diagnosis

written by Dr. Ronald Hoffman | May 26, 2025

## Intelligent Medicine Radio for May 26, Part 1: Biden Prostate diagnosis

Biden’s prostate cancer diagnosis is a teachable moment for American men; Is BPC 157 a viable treatment option for a knee injury? Biden officials suppressed reports of Covid vaccine risks; New guidelines narrow Covid booster recommendations to seniors and immunosuppressed; What to give a 5 yr old for seasonal allergies?

## Intelligent Medicine Radio for May 26, Part 2 : New York Times “exposé” maligns natural options for Alzheimer’s

New York Times “exposé” maligns natural options for Alzheimer’s; Creatine, probiotics, and rosemary-derived medication show promise for dementia; Exercise reverses aging clocks in human study; Alternating slow walking with short bouts of maximal effort supercharges health benefits; Novel blood and urine tests aid researchers by revealing who’s consuming ultra- processed foods; Can you get shingles in the mouth? Addressing anxiety when medications haven’t worked

## References and Resources

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**FDA tightens requirements for COVID vaccine, adding trials for healthy adults**
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**Your washing machine may not actually rid clothes of harmful bacteria**
By Chris Simms, NewScientist  April 30, 2025

**12-year physical activity trajectories and epigenetic age acceleration among middle-aged and older adults**
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