# Q&A with Leyla: Sinus Surgery

written by Dr. Ronald Hoffman | May 15, 2025



“My A1c went up since taking Crestor. Should I stop taking it?” “I’m taking Red Yeast Rice, CoQ10, and Metamucil, but my LDL periodically tends to rise. Do I need a statin?” Recommendations for constipation in a nine-year-old and seasonal allergies in a ten-year-old; Supplements for before and after sinus surgery; Supplement recommendations for gastroparesis; And more!