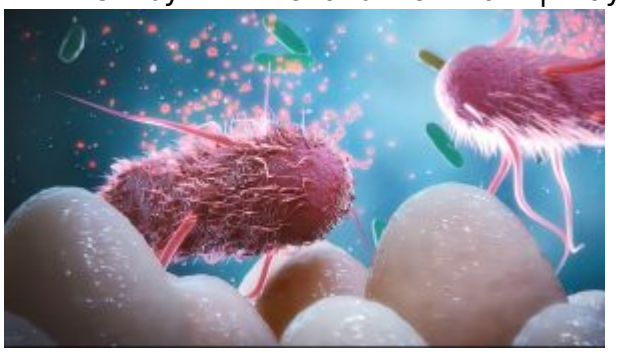
# ENCORE: The Dire Consequences of our Depleted Microbiomes

written by Dr. Ronald Hoffman | May 13, 2025



Did you know the overuse of antibiotics might be fueling modern diseases? Dr. Martin Blaser, author of “Missing Microbes,” details how modern life affects our internal ecosystem and what it means for our health. Check it out!