Healing from Within: The Science of Enzymes and Digestion

written by Dr. Ronald Hoffman | April 30, 2025



Enhancing Gut Health with Innovative Digestive Enzymes: In this episode of the Intelligent Medicine podcast, Dr. Ronald Hoffman discusses the importance of digestive enzymes, particularly innovative formulations, with guest Steven Wright, a health engineer and co-founder of Healthy Gut. They delve into Wright’s journey with digestive health, his development of the enzyme product HoloZyme, and its efficacy backed by clinical trials. Dr. Hoffman and Wright also explore the benefits of tributyrin butyrate supplements for gut health. They emphasize the role of enzymes in combating IBS, dietary intolerances, and enhancing overall digestion. The episode also features a special offer for HoloZyme on healthygut.com.