# Q&A with Leyla: Sleep Apnea

written by Dr. Ronald Hoffman | April 3, 2025



## Q&A with Leyla, Part 1: Sleep Apnea

- Will direct-to-consumer drug ads on TV continue?
- What do you think of Fatty-15?
- Are at-home sleep apnea tests reliable?

## Q&A with Leyla, Part 2: Natural Solutions for Allergies

- What are your thoughts on the measles vaccine debate?
- I find it troubling that so many vaccines, including COVID-19 and rotavirus, are administered in infancy
- I suffer greatly with runny nose and phlegm from allergies. Any natural solutions?