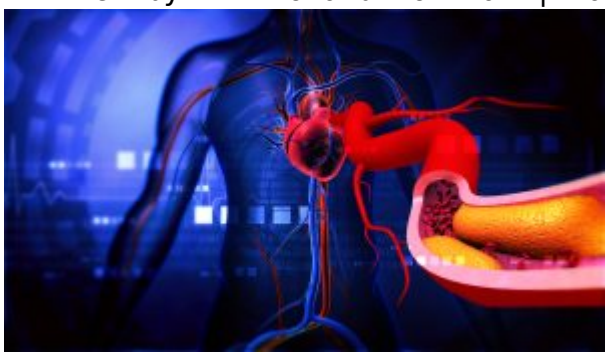
Intelligent Medicine Radio for March 29: “Remnant Cholesterol”

written by Dr. Ronald Hoffman | March 31, 2025



Intelligent Medicine Radio for March 29, Part 1: “Remnant Cholesterol”

Do you know your “remnant cholesterol”? It could be better than LDL for predicting your risk of having a heart attack or stroke; Vagal nerve stimulation for seizures—could adding a keto diet help? Exoskeletons that help runners, hikers, and cyclists have hit the consumer marketplace for recreational athletes; RFK Jr’s HHS launches program to improve infant formulas; Insurers bilk taxpayers for billions by double-charging Medicaid.

Intelligent Medicine Radio for March 29, Part 2: Reviving a Lagging Thyroid

Big Pharma pays billions for direct-to-consumer TV drug ads—is it time to ban them? Focused ultrasound obliterates liver tumors with minimal side effects; Nurse tricks woman into believing she’s dying of cancer to cash in on her $1.5 million life insurance policy; Arizona bans insurance denial by AI automated systems; Study overturns view that very low-carb diets are bad for kidney disease patients; Strategies for reviving a lagging thyroid.

References & Resources

Taxpayers spent billions covering the same Medicaid patients twice
By Christopher Weaver, Anna Wilde Mathews, and Tom McGinty, WSJ, March 26, 2025

HHS, FDA announce Operation Stork Speed to expand options for safe, reliable, and nutritious infant formula for American families
FDA News Release March 18, 2025

Study suggests ‘remnant cholesterol’ as standalone risk for heart attack and stroke
By Carlson Hatch, Johns Hopkins Medicine September 8, 2021

Hypershell X series next-gen exoskeleton
hypershell.tech

Higher skeletal muscle mitochondrial oxidative capacity is associated with preserved brain structure up to over a decade
Nat Commun **15**, 10786 (2024).

Arizona advances bill to keep AI from rejecting medical claims
By Julia Shapero, Yahoo! News, February 21, 2025

Is the very low carbohydrate diet safe for individuals with chronic kidney disease
Journal of Metabolic Health Vol 8, No 1 a115

Nurse tricks woman into thinking she’s terminal-then kills her over possible $1.5M insurance policy: cops
By Chris Nesi, New York Post, March 23, 2025