

# Medical Errors and Patient Advocacy: Dr. Julie's Guide to Hospital Stays

written by Dr. Ronald Hoffman | March 26, 2025



Dr. Julie Siemers, a nurse educator and author of “Surviving Your Hospital Stay: A Nurse Educator’s Guide to Staying Safe and Living to Tell About It,” details the importance of patient safety in hospitals, the dangers of medical errors, and how patients and their families can advocate for better care. Dr. Siemers talks about the critical role of nurses, the hierarchy within the nursing profession, and the importance of effective communication between healthcare providers and patients. She also offers practical advice on dealing with high-risk medications, leveraging AI in healthcare, and ensuring better health outcomes by being informed and proactive.