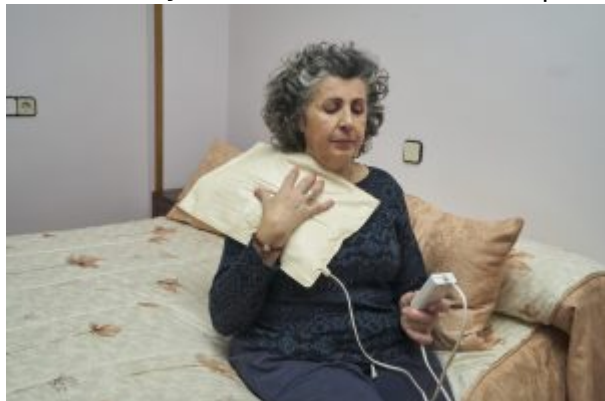


Q&A with Leyla: Heating Pad for Pain

written by Dr. Ronald Hoffman | March 20, 2025



Q&A with Leyla, Part 1: At Home Prostate Tests

- An example of another bad 'scientific' study
- What do you think of the new at-home prostate test?
- My calcium score has increased over the years. Am I taking enough Vitamin K? Too much?

Q&A with Leyla, Part 2: Heating Pad for Pain

- A case study in high cholesterol
- How can I lower my Apolipoprotein B? My husband's A1c went up after taking a statin for 5 months. Help!
- Can you recommend a good foot cream?
- Using a heating pad for pain – a listener's success story
- How long of a break should I take from my supplement regimen?