Intelligent Medicine Radio for March 15: Food Dyes

written by Dr. Ronald Hoffman | March 17, 2025



Intelligent Medicine Radio for March 15, Part 1: The Stress-Cancer Link

Exploring the stress-cancer link—real, or unduly stigmatizing for people with cancer? Is coffee the most chemically-treated food? Is there a link between fluoride and pineal gland dysfunction? TV ads for oral supplement for dry eyes tout a dubious formula (and what could work better); Could meat make America healthy again?

Intelligent Medicine Radio for March 15, Part 2: Food Dyes

States rush to ban food dyes ahead of federal action; NIH cuts funds for studies of vaccine hesitancy; RFK Jr. ridiculed for urging vitamin A for measles; Brain tumors in firefighters show signature of chemical exposure; Unpacking the causes of numbness, tingling and pain in lower extremities; Class-action lawsuit targets Depo-Provera as contributor to meningioma brain tumors; Uncovering the mystery of Trump’s 20+ pound weight loss; Microplastics implicated in spiraling antibiotic resistance.

References & Resources

US News and the Guardian report: Depo-pro era associated with an increased risk of tumors
By Anapol Weiss, ANAPOLWEISS Oct 28, 2024

Meat will make America healthy again
By Nina Teicholz, WSJ March 11, 2025

Illness as metaphor and AIDS and its metaphors
susansontag.com

Chronic stress and obesity work together to accelerate pancreatic cancer development and growth, study finds
Molecular Cancer Research, 2025; 23 (3): 236
DOI: 10.1158/1541-7786.MCR-24-0785

Trump reveals the simple fast food trick he used to lose 30 pounds
By Emily Goodin, Senior White Correspondent, dailymail.co.uk March 12, 2025

The antidote to political panic
By James Freeman, WSJ March 11, 2025

NIH cuts funding for studies on vaccine hesitancy and acceptance
Clinicaladvisor.com March 12, 2025

RFK Jr. says Trump ‘lost 30 pounds’ even with all the ‘crap that he eats’
By Alex Gangitano, thehill.com March 12, 2025

At least a dozen US states rush to ban common food dyes, citing health risks
By Carey Gilliam, theguardian.com March 11, 2025

Microplastics could be fueling antibiotic resistance
Appl Environ Microbiol 0:e02282-24.

Genetic mutations linked to toxin exposure found in firefighters’ brain tumor
Cancer, 2025 DOI: 10.1002/cncr.35732