# Intelligent Medicine Radio for March 15: Food Dyes

written by Dr. Ronald Hoffman | March 17, 2025

## Intelligent Medicine Radio for March 15, Part 1: The Stress-Cancer Link

Exploring the stress-cancer link—real, or unduly stigmatizing for people with cancer? Is coffee the most chemically-treated food? Is there a link between fluoride and pineal gland dysfunction? TV ads for oral supplement for dry eyes tout a dubious formula (and what could work better); Could meat make America healthy again?

## Intelligent Medicine Radio for March 15, Part 2: Food Dyes

States rush to ban food dyes ahead of federal action; NIH cuts funds for studies of vaccine hesitancy; RFK Jr. ridiculed for urging vitamin A for measles; Brain tumors in firefighters show signature of chemical exposure; Unpacking the causes of numbness, tingling and pain in lower extremities; Class-action lawsuit targets Depo-Provera as contributor to meningioma brain tumors; Uncovering the mystery of Trump’s 20+ pound weight loss; Microplastics implicated in spiraling antibiotic resistance.

# References & Resources

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By Anapol Weiss,  ANAPOLWEISS  Oct 28, 2024

**Meat will make America healthy again**
By Nina Teicholz, WSJ  March 11, 2025

**Illness as metaphor and AIDS and its metaphors**
susansontag.com

**Chronic stress and obesity work together to accelerate pancreatic cancer development and growth, study finds**
*Molecular Cancer Research*, 2025; 23 (3): 236
DOI: 10.1158/1541-7786.MCR-24-0785

**Trump reveals the simple fast food trick he used to lose 30 pounds**
By Emily Goodin, Senior White Correspondent, dailymail.co.uk  March 12, 2025

**The antidote to political panic**
By James Freeman, WSJ  March 11, 2025

**NIH cuts funding for studies on vaccine hesitancy and acceptance**
Clinicaladvisor.com  March 12, 2025

**RFK Jr. says Trump ‘lost 30 pounds’ even with all the ‘crap that he eats’**
By Alex Gangitano, thehill.com  March 12, 2025

**At least a dozen US states rush to ban common food dyes, citing health risks**
By Carey Gilliam, theguardian.com  March 11, 2025

**Microplastics could be fueling antibiotic resistance**
Appl Environ Microbiol 0:e02282-24.

**Genetic mutations linked to toxin exposure found in firefighters’ brain tumor**
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