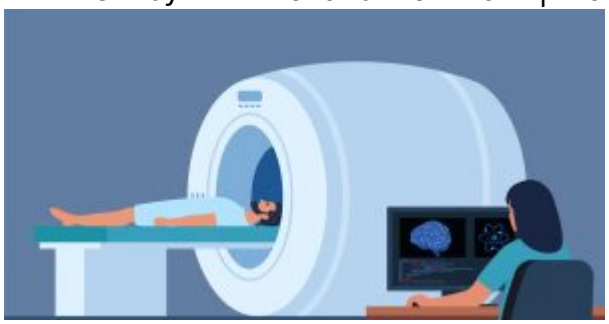
# Intelligent Medicine for March 8: Radiation Hazards

written by Dr. Ronald Hoffman | March 10, 2025



## Intelligent Medicine for March 8, Part 1: Radiation Hazards

Radiation hazards from X-rays, CT scans; Can an antioxidant supplement offer protection from radiation hazards; MRIs deemed safe, but studies suggest too many may cause chromosomal damage; The right way to take strontium for bone health; Do “brain supplements” cross the blood-brain barrier? Can someone in their 70s regenerate their thymus? New research underscores energy, anti-aging benefits of NT Factor®□ Lipids; Novel device allows users to taste remotely.

## Intelligent Medicine Radio for March 8, Part 2: Hope for Parkinson’s

More good news about Omega-3s for heart health; Addressing early-stage dementia; When Lyme Disease doesn’t respond to antibiotics; Ultra-processed food hijacks brain within days; Exosomes and adaptive deep-brain stimulation offer hope for Parkinson’s; Psychologists conclude relentless “pursuit of happiness” may exhaust our brains’ control centers; A common over-the-counter drug taken in pregnancy may hike offsprings’ risk of ADHD.