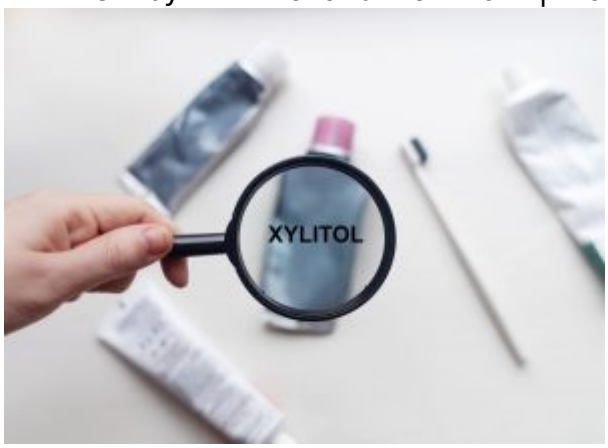
Challenging Government Regulations: A Discussion with Nate Jones on Health Freedom and Effective Natural Remedies

written by Dr. Ronald Hoffman | March 4, 2025



Nate Jones, CEO and founder of Xlear, Inc., shares insights into natural ways to prevent respiratory and dental infections using Xlear Nasal Spray and Spry Dental products. He discusses his advocacy for health freedom and efforts to change health product regulations in Washington, DC. The conversation dives into Nate’s legal battle with the FTC over claims about his products, the efficacy of natural remedies like xylitol, and the broader implications of government overreach in health. They also discuss RFK Jr.’s nomination as HHS Secretary and potential changes that may come under his leadership. The episode concludes with a discussion on the benefits of nasal hygiene and the potential positive outlook for future policies supporting natural health products.

Part 1

Part 2