Q&A with Leyla

written by Dr. Ronald Hoffman | February 6, 2025



Q&A with Leyla, Part 1: Stem Cells

- Recent Intelligent Medicine Podcasts to check out: “Doctored” – a look at questionable Alzheimer’s research and the side effects of new pricey drugs; The benefits of vinegar; Bio-identical hormone replacement for menopause
- Can you recommend any supplements for a 99-year-old with dementia?
- Am I a candidate for stem cells? I have a history of breast cancer

Q&A with Leyla, Part 2: Hair Loss

- After a long run, my knees hurt upon standing up from my chair. Is this arthritis?
- My new gynecologist says I don’t need progesterone while taking estriol. What say you?
- I lost 100 pounds after gastric bypass but now I have incapacitating blood sugar spikes after meals.
- I have a positive ANA but all other tests are negative. Should I be concerned?
- Should I be concerned about the side effects of minoxidil compounded with dutasteride for hair loss?