

# ENCORE: Intelligent Medicine Radio for December 28

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## ENCORE: Intelligent Medicine Radio for December 28, Part 1: “Dead Butt Syndrome”

“Dead butt syndrome”—you probably already have it; Over half of Americans with uncontrolled hypertension are unaware of their condition; Is a smartwatch app for continuous blood pressure monitoring ready for primetime? What are frequent causes of errors in blood pressure measurement? How long can you continue to take Prolia? What’s the likelihood of a colon adenoma turning cancerous? Metformin scores cognitive and anti-aging benefits in monkeys—human trials underway.

## ENCORE: Intelligent Medicine Radio for December 28, Part 2: Diagnosing Stomach Pain

Is “Morgellon’s Disease” a figment of the imagination? Are reports of frequent liver problems with popular herbs unfairly alarmist? Diagnosing stomach pain; Harmful micro-organisms can travel hundreds of miles high in the atmosphere; Toxic condoms; Sales of herbal supplements soar—we breakdown the most popular; The three tests for cardiovascular risk that you absolutely need.

## References and Resources

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### **Sitting all day can cause Dead Butt Syndrome**

By Jen Murphy, New York Times September 4, 2024

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### **Over half of adults with uncontrolled hypertension unaware of their condition**

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### **The brain aged more slowly in monkeys given a cheap diabetes drug**

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### **What is the TAME Trial**

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### **Screening for colon cancer**

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### **A new method of continuous blood pressure monitoring using multichannel sensing signals on the wrist**

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### **Herbalgram**

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### **Trojan condoms contain ‘forever chemicals’ lawsuit claims**

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### **Delusional parasitosis**

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