# ENCORE: Intelligent Medicine Radio for December 28

written by Dr. Ronald Hoffman | December 30, 2024

## ENCORE: Intelligent Medicine Radio for December 28, Part 1: “Dead Butt Syndrome”

“Dead butt syndrome”—you probably already have it; Over half of Americans with uncontrolled hypertension are unaware of their condition; Is a smartwatch app for continuous blood pressure monitoring ready for primetime? What are frequent causes of errors in blood pressure measurement? How long can you continue to take Prolia? What’s the likelihood of a colon adenoma turning cancerous? Metformin scores cognitive and anti-aging benefits in monkeys—human trials underway.

## ENCORE: Intelligent Medicine Radio for December 28, Part 2: Diagnosing Stomach Pain

Is “Morgellon’s Disease” a figment of the imagination? Are reports of frequent liver problems with popular herbs unfairly alarmist? Diagnosing stomach pain; Harmful micro-organisms can travel hundreds of miles high in the atmosphere; Toxic condoms; Sales of herbal supplements soar—we breakdown the most popular; The three tests for cardiovascular risk that you absolutely need.

## References and Resources


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