Q&A with Leyla

written by Dr. Ronald Hoffman | December 12, 2024



Q&A with Leyla, Part 1: Copper Supplements

- WSJ: Trump nominees ‘hawking’ supplements?
- Correction on Surgeon General Nominee Dr. Janette Nesheiwat’s husband
- I have chronic fatigue. Do you think I would benefit from taking a copper supplement?
- Can I take garlic pills to help my eosinophilic esophagitis?

Q&A with Leyla, Part 2: Post Nasal Drip

- I’ve been taking Nexium for the last 20 years. Is this contributing to lower bone mineral density?
- Should my 83-year-old wife take more calcium for her osteopenia?
- What is your knowledge of Prolia? What are the side effects?
- I have mitral annular disjunction (MAD). Can you advise me?
- What can I take for my post nasal drip?
- Are there other blood thinners I can take where I don’t need to check my INR?