# A New Era in Wellness: Non-CBD Innovations with Lex Pelger

written by Dr. Ronald Hoffman | December 11, 2024

Lex Pelger, a biochemist and educator in cannabinoid science, details unique non-CBD supplements from CV Sciences that have similar beneficial effects on the endocannabinoid system as CBD. The discussion includes the benefits of CBD and cannabinoids, the new +PlusHLTH line (including Peace Gummies, Clarity Gummies, and Reshape Capsules), and their ingredients like berberine, cinnamon, and OEA for metabolic health. They also touch on regulatory challenges and the potential future of cannabis, CBD, and psychedelic research under varying political climates.